

## POLICY:

Dietary department will comply with appropriate Federal OBRA Regulations and any State Regulations (i.e. Title 22, California Department Health Services.)

Consultant Dietitian, Dietary Service Supervisor, and Administrator will keep aware of current standards as regulations frequently change.

When there is a conflict between standards of the regulatory agencies, the strictest standard applies.

Facilities certified by JCAHO will also remain in compliance with JCAHO standards.

## PROCEDURE:

1. A copy of current Federal OBRA Regulations is maintained in the Dietary department for reference.
  - a. Current Federal OBRA Regulations may be accessed at [www.cms.hhs.gov/manuals/downloads/som107ap\\_a\\_hospitals.pdf](http://www.cms.hhs.gov/manuals/downloads/som107ap_a_hospitals.pdf)
2. Dietary related F-Tags (5/2004) include the following:

F-Tag	Summary
361	Employ a qualified dietitian or Consultant Dietitian; no qualifications stated for director of food services
362	Sufficient, competent staff
363	Menu meets nutritional needs Menus prepared in advance Menus must be followed
364	Food preparation conserves nutritional value, flavor, and appearance  Food is palatable, attractive and at proper temperature
365	Food prepared in a form to meet individual needs

366	Food substitutes offered of similar nutritive value
367	Therapeutic diets prescribed by physician
326	Therapeutic diets for nutritional problems
368	Frequency of meals Three meals at regular times No more than 14 hours between substantial meals Snacks at bedtime offered daily
369	Assistive devices provided
370	Food sources approved
371	Store, prepare, distribute and serve food under sanitary conditions
372	Dispose of garbage and refuse properly

3. Other F-Tags related to nutritional care include the following:

<b>F-Tag</b>	<b>Summary</b>
240	Quality of life
246	Accommodation of needs
252	Homelike environment
256	Adequate lighting
257	Comfortable and safe temperature levels
272-276	Comprehensive Assessments (RAI & MDS)
274	Assessment of significant changes

278	Accurate assessment by health professionals
279-280	Comprehensive care plans
281-282	Care meets professional standards
309	Quality of care (Highest practicable)
310	Activities of daily living
314	Pressure sores
322	Enteral feeding
325	Maintains acceptable parameters of nutritional status
326	Unplanned weight loss; suggested laboratory values
327	Hydration
328	Parenteral and enteral fluids
411-2412	Dental services
441	Infection control
445	Linens
464	Dining rooms
469	Pest control

4. A copy of current State of California, Department of Health Services, State Regulations is maintained in the Dietary department for reference.
  - a. Current State of California, Title 22 Regulations, may be accessed at [www.oal.ca.gov/](http://www.oal.ca.gov/)