

## ***H.M. Composite Menus Registered Dietitian Menu Approval***

H.M. Composite nutritionally analyzes each seasonal cycle of menus. The menu system is based on a variety of foods to meet the nutritional needs of adults. Menus are analyzed with a menu cycle average provided of Kilocalories; protein; fat; carbohydrates; sodium; potassium; calcium; phosphorus; iron; Vitamin C; thiamin; riboflavin; niacin; Vitamin A, Vitamin D and cholesterol. This information is published for each menu system and is titled ***Average Daily Nutritional Analysis***. Therapeutic and texture varied diets follow guidelines as outlined in H.M. Composite's ***Nutritional Therapy Diet Manual*** and ***Dietetic Service Policies and Procedures Manual***. Registered Dietitians of H.M. Composite write all company published menu systems.

The facility in-house dietitian or **Consultant Dietitian must approve menus**. If a facility desires to modify the menus, these changes must also be reviewed and approved by the dietitian. Refer to Policy #305.

### ***STATEMENT OF MENU APPROVAL HM Composite Menus:***

Facility Name: \_\_\_\_\_ utilizes HM Composite Menus, specifically the \_\_\_\_\_ Menu Cycle. As the facility Consultant Dietitian, I approve the menus as written and have reviewed individual facility modifications, if any.

\_\_\_\_\_  
Signature of Consultant Dietitian

\_\_\_\_\_  
Date Menus Approved

### ***STATEMENT OF MENU APPROVAL Other Menus:***

Facility Name: \_\_\_\_\_ utilizes menus which have been prepared, reviewed and approved by \_\_\_\_\_  
(name of corporate dietitian or other dietitian.) As the facility Consultant Dietitian, I have reviewed and approved individual facility modifications, if any.

\_\_\_\_\_  
Signature of Consultant Dietitian

\_\_\_\_\_  
Date Menus Approved