

HMComposite Newsletter

Menu for Success

DSS Recognition

By: Lee Tincher, MS, RD
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On a rainy night in 1984 Jean, the DSS at Sebastopol Convalescent, stopped in to see an elderly female resident who Jean heard was not feeling well or eating. Jean asked if there was anything she could get the lady. The resident's answer was, "A root beer Popsicle, please."

Of course, there were no root beer Popsicles in dietary. So, Jean drove a half mile to the closest market, dashed in through the rain and was disappointed to find no root beer popsicles. Jean then drove several miles to the next market and secured a box of root beer Popsicles. Despite the rain and late hour, she then drove back to the SNF and delivered the root beer Popsicle to the lady.

To this day my eyes tear up when I think of Jean making a difference. You see, the resident thanked Jean for the root beer Popsicle and then went to sleep for her final night. Jean's thoughtfulness and diligence made a difference for this lady on her last evening.

DSS/DSM's have the opportunity to make a difference every day! They are appreciated by their residents and the dietitians! I will never forget the example Jean set for me.

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